

The Ojai & Ventura



# VIEW

Why  
Lady  
Liberty  
is  
Sad



ART Copyrighteous, Joy

Vol. 4 • No. 9 • Issue 43 • Published in the Ojai & Ventura Gold Coast Region • FREE • Jan/Feb Sp 2012

## Life is Good



Sir Paul..... with a Little Help from The Boys

letters from shiprock bay



BFB Rocks The Beach



1. FIGHT Golden State/PUC 2/29/12
  2. FIGHT Code Enf.
  3. FIGHT Planning
- Are We Having Fun Yet?



- PREDICTIONS
  - POLITICAL PRISON
  - CLASSIFIED STUFF
  - PIRATE NIGHT
  - REVERB REVOLUTION
  - COLD CANYON
  - MATILJA ACCESS
  - No WORRIES AMERICA
  - ~~SPEAK OUT?~~ CENSORED
  - WAR: What Is It Good For!
- To Pay/Play or Not to Pay/Play...

# MAYAN MYSTERY

## HOLY SHIFT! It's 2012!

"My definition of a free society is a society where it is safe to be unpopular."  
- Adlai E. Stevenson Jr., Oct. 7, 1952

# STOP

INSIDE: ART • PEOPLE • POLITICS • ROCK N' ROLL • CALENDAR • CORPORATE RULE

Photos © 2012, Joel Anderson

Photo © 2011, Sandra Grotzky

# OJAI CITY COUNCIL RAGGEDY EDGE

Well, the big smoke screen goes up. The Historic Society GOT-YA list! Every home built before 1965 in Ojai will be on the Historic Hi list, over 1,600 of the 3,100 or so homes within the City limits.

Wow!!! These are the same people that brought you the "SESE WALL" which encircles the Rainbow Bridge parking lot. That is truly NOT Historic.... While the Residents get the shaft bilking us with big-city style Local Code Laws to cloud your home title, while we give special Investigative Powers to enforce the Plastic Bag-GAG, and suspend the Constitution with the sole power of the CODE ENFORCEMENT OFFICIAL to enter private property at any time they suspect -- yeah kick your damn door down they will???

What if you bring home an empty cardboard water heater box from the hardware store to put brooms and rakes in. Brian "Santa Monica" Meadows sees it and assumes you changed your water heater... now he has the right, without a warrant, to kick your door down and search your home.

Who in Hades would ever give that power away? Call your Council and tell them they need to rethink THAT decision.

Getting back to the Historical Hysteria... private property owners who don't "fit in" to the plan will need to spend hundreds of dollars to opt-OUT of the Historic Hi List. Funny things lay just under the covers; look at all nineteen deemed Historic sights in Ojai. Why. Oh why isn't Chaparral High School in that? Is that because of the unnatural political ties between members of the OUSD School board and the Council persons??? You bet! Why Chaparral isn't on the historic list? So it can be developed into that long coveted materialistic strip mall, contrary to educating our youth. Look at THAT inside deal -- just so they can continue to pay out all those obscene administrative benefits and salaries, run the state budget into the ground and milk the kids out of a real education!

OUSD is going to have a tough time. Remember board member Pauline Mercado saying the school signed a contract and they should honor it? Well... they will never get the Zoning changed from "Public", to Greedy Developer Zone. The property, if not leased, has to be sold to another government agency, first!

A Non-profit like the Performing Arts folks, they wouldn't go on the Chap. property. What did they want last time, a 4 story Hotel and a 3 screen movie theatre?? Wow. Ojai is full of dreamers, self-serving ambition and all at a cost carried by the 99% as usual.

Who is going to support those businesses now that Golden FLAKE Water has taken and bilked all the money, packed it out of town?

Speaking of water, would you like to know what is going to happen with the water take over? There's gonna be a shootout at the Chaparral Corral! and the bucket brigade is going full out! That gutsy little band from OjaiFLOW has moved mountains and truly given Ojais a big SECOND CHANCE; a BEGRUDGINGLY SECOND CHANCE TO HAVE a public WATER HEARING - IT WILL HAPPEN Feb. 29 at 2 pm and 6 pm, that Wednesday at Chaparral high school. Stay tuned.

This is the last, best chance for the residents to come out and tell the California Public Utilities Commission (CPUC) we're getting shafted or suffer the results of increases; rates keep doubling every less than ten years. Don't care that the value of your property keeps eroding away. Show up or see how much value you will really lose.

The Bright "light" Blight is now being run by Green Gail Topping, who once the said once the Light Out ordinance is enacted she is going to be DOGGING people and be back with CODE COMPLAINTS against the people of Ojai. Interesting that she does NOT live in Ojai, does NOT VOTE in Ojai, does NOT PAY TAXES in Ojai, does NOT have to pay for the light district,

Raggedy Edge Continued Page 4...



# Life is Good Korero Corner

From: fuzeamp@hotmail.com Subject: life is good Date: January 25, 2012 4:44:31 PM PST

To: editor@ojaiandventuraview.com feel free to speak your mind lostwaves@gmail.com The editor, just received a copy of your paper from the states and it makes very good reading, how would we go about subscribing.

Pete Furze www.inssearchsimplicity.com/tag/korero-corner in the far far north of new zealand where the suns always shines the fish jump into the pan and the surf pumps (shipwreck bay)



The Soap Box



Winter in Monterey Robert Lyn Nelson Exclusively at Trowbridge Ojai

# I Worry for America

I worry for America... the new generation seems to be a little stupider than the last. The U.S. was #1 in education at one time; now we are what, #17? I can't and won't fault teachers. Their job now includes teaching, as well as parenting, nurturing, and in many cases providing the fundamentals, ie: pencils, paper and in some cases books. Garbage men make more than the average teacher.

Nope, I think, technology is making kids stupid and their parents? They buy them a cell phone, computer, x-box, T.V., and then American kids can't read any more. Newspapers must be read. TV? You can plant your kids in front of (no reading required), put it on fox news and let right-winged fundamentalist nuts raise your kids. It's like a cult, indoctrinating the next generation...

I'm just one woman trying to survive long enough to come back to America so I can take a friggin' hot bath (it's been two years). I see things differently now. I don't judge people by their color or religion. By their social status or their lack of. I



do go around stomping out fires here in Nepal fueled by plastic bags. I do try and smile at everyone, even when my facial muscles protest and I do attempt to find beauty and share that beauty with whoever happens to be at my side.

I have learned through my 60 some odd years that it gives me pleasure to give. Some people get their kicks out of taking. I hope I have touched a few lives during my time on earth. Have I reached the apex of Maslows triangle? I doubt it. Will I continue to reach for the brass ring? You bet!

- Judy the Hun

Honor "The battle of life is, in most cases, fought uphill; and to win it without a struggle were perhaps to win it without honor. If there were no difficulties there would be no success; if there were nothing to struggle for, there would be nothing to be achieved." - Samuel Smiles

# the Ojai and Ventura Real VIEW

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# Predictions for 2012



Once again I put on the Swami's Turban and sit before my Crystal Ball (I hope Debbie doesn't mind me borrowing her Crystal Ball) in hopes of receiving messages from the future.

What will 2012 hold for us? From my psychic insights I believe we should be ready for a wet winter! Have batteries for the flashlights! A radio that uses batteries because there will be times without power. The election will dominate the news with many changes -- and wild ups and downs. Obama -- so it says -- will not run! (If that happens I will really be ready to call myself psychic!). Well, read them and see how I do for 2012. - Richard Senate

- 1. Obama will not run for a second term -- I see a dark cloud over the White House.
2. Mitt Romney will run for the office of President for the GOP.
3. Donald Trump will NOT run for president -- but another will mount a 3rd party challenge that will gain 15 percent of the vote.
4. The next president of the U.S. will be Hillary Clinton!
5. She will select Kerry as her VP.
6. New scandals will unfold -- showing Obama was behind them.
7. The Senate will become dominated by the GOP.
8. Obamacare will be scrapped -- but not all of it.
9. The pipeline will be built to Texas.
10. The winter will see three major -- killer hurricanes. Two in Florida and one in Texas.
11. A Snowstorm will hit the Southern states in March -- Atlanta covered.
12. China will face civil unrest and massive crack downs in the summer.
13. China will invade and take Taiwan in June. It will be a massive attack that will resemble a Trojan Horse. It will be over in two weeks. The U.S. will do little.
14. Iran will devolve into Civil War -- the Atomic factories destroyed.
15. A military tyrant will take over Egypt and crack down on people.
16. The film War Horse will win the best picture Oscar.
17. The film Sherlock Holmes will win one Oscar.
18. The Oscars will face controversy when something unplanned happens.
19. Actor Mickey Rooney will pass away.
20. Fidel Castro will pass away and a new monument to him will be built in Havana.
21. Riots and strikes will hit Cuba -- freedom at last with elections in 2013.
22. Winter will bring massive rain storms to Southern California.
23. Massive flooding in Oxnard and Ojai.
24. The Queen Mary will be destroyed by fire.
25. A bio-attack on New York will be discovered.
26. Greece will be ruled by a military Junta.
27. Earthquake will rattle Southern California by March.
28. Israel will invade Lebanon in summer.
- Richard Senate, hainthunter@aol.com

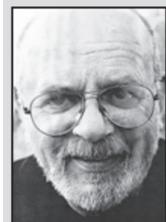
# Event Calendar

February 2012 calendar grid showing days of the week and dates.

- Feb. 16, 5:30 - 6:30pm - On Delacroix's "Liberty On the Barricades", Santa Barbara Museum of Art, Mary Craig Auditorium, Ralph Ubl, distinguished historian & educator, University of Chicago, offers his nuanced interpretation of Eugene Delacroix's Liberty On the Barricades.
Feb. 18, 10 - 11pm - Teacher Education Program: Why do we send our kids to school? with Gopal Krishnamurthy, Krishnamurti Foundation, Ojai.
Feb. 18, 8pm - Pasión, Lobero Theatre, Santa Barbara.
Feb. 22, 7:30pm - Healing the Heart of Democracy, Lobero Theatre, Santa Barbara.

"Don't Tell Me Who I am... Let me guess!"

# "What Happens in Psychotherapy"



# First of a 3 Part Series

All psychotherapists have to answer the above question for themselves. Soulful psychotherapy is not about running a 'psychological technique' on people. Our work is primarily based on how we have handled the experiences life has dealt us and the teachers we've encountered from early on. I was fortunate, in so far, as many teachers have taught me; some from literature, some from my profession and quite a few who I've met in the oddest places throughout my life.

One of my earliest mentors in the profession was Carl Jung, who had this to say regarding the education of a psychologist:

"Therefore anyone who wants to know the human psyche would be better advised to bid farewell to his study and wander with human heart through the world. There, in the horrors of prisons, lunatic asylums and hospitals, in drab suburban pubs, in brothels and gambling hells, in the salons of the elegant, the stock exchanges, socialist meetings, churches, revivalist gatherings and ecstatic sects, through love and hate, through the experience of passion in every form in his own body, he would reap richer stores of knowledge than textbooks a foot thick could give him, and he will know how to doctor the sick with real knowledge of the human soul."

Psychotherapy is not delivering dogma from the halls of academia. Some theory and classification of the human personality, however, can be a useful tool for us when we are lost, which happens frequently. As psychotherapists, we are confronted with our own ignorance about the human soul very early on in training.

Check Out My Website/blog: www.DrPeterMilhado.com

Every patient is a unique individual in their own psychological condition. It is much more important to establish trust with our patients than to demonstrate a clinical theory. The doctor has something to say, but so does the patient. The patient needs to be treated with total relatedness, which includes open dialogue, encounter, safety, and absolute confidentiality.

There are two kinds of suffering. The first category includes suffering all human beings encounter at various stages in life. It might be loss of a friend, parent or spouse, unexpected failure, betrayal, loss of health or a job, divorce, extreme financial stress etc... For this kind of suffering we, as psychotherapists, hold the other in compassion and empathy. We might have to temporarily carry hope and accompany our patients through the swamplands of the soul -- depression, despair, doubt, grief, fear, rage or anxiety. We stay closely connected and when appropriate, share our own descent into the abyss and back. Once patients return from below, many realize: "I'm not what happened to me, I am what I choose to become."

In the second kind of suffering, we contribute to our symptoms and basically create them, which is referred to as neurotic suffering. We're stuck in the status quo of repeating self-defeating patterns and habits over and over again. The good news is, if we are responsible for our suffering we have the power to undo it and heal. This takes courage because we need to take an honest look into the mirror and acknowledge who we really are and not who we want to be to others. I only work with those patients who are committed to the inner work, because an hour out of their life is an hour out of mine. If they are willing to not ignore their inner life, they are welcome.

Love to Mother Meera. One for all and all for one.

PETER RUDOLF MILHADO, PH.D. Lic #MFT14142 38 Years Experience drpetermilhado@gmail.com • (805) 640-1810 Blog: www.DrPeterMilhado.com Extensive Experience With Folks Over Forty and Artists In All Creative Fields

# Why Ventura is The Broke Capitol of the World? Who's Money is It Anyway?

The City of Ventura LOST \$10 Million Dollars over 3 years ago (well before the recent economic crash), through their ambitious high-risk investment plan; having placed precious taxpayer dollars with Bear Stearns (BS) private assets, which went belly up in the JP Morgan fiasco. This reduced Ventura's get-rich-quick-scheme to pie-in-the-sky. Most cities invest their cash assets in highly safe Treasury instruments and other government-backed securities.

VIEW DETAILED FINANCIAL ANALYSIS Go To: www.ojaiandventuraview.com/OV-VtaArt/TheRoseVol.11Issue1WebStealthkatGraphics.pdf

# Keeping History Alive! WAR IS HELL!

Civilian Casualty Ratio WAR: In the 20th Century, for every One "I" soldier killed on the battlefield world-wide, Ten "10" Civilians were innocently killed in the crossfire. Source: International Red Cross

www.YouTube.com/OVVtaView

# The Equine Sanctuary



Editor, On behalf of all the artists, the horses and myself... thanks for posting the event! hope you are well! blessings, alexis www.theequinesanctuary.org



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Keep Smiling

# OJAI CITY COUNCIL RAGGEDY EDGE

Continued From Page 2...

but wants the Council to give her an ARMBAND to DOG people for flipping a flippin' light switch. Like there aren't enough REAL problems to solve, this day and age... Way to go designer Greens, are you switching to the brown shirts? Can Gale Topping do for the Greens of the Ojai Valley, as their spokesperson, what Karen Handle did to the Susan G. Komen Foundation. Make it irrelevant? Why, Oh Why do the Greens of Ojai seek such a person as Gale Topping, a person that has so much DISDAIN for the Residents, Voters, Taxpayers and Businesses of Ojai. Is it because she does NOT live in the City?



AIR RAID - LIGHTS OUT!

No Rain this year? You will be using water like crazy. Even if you don't use water they have a special shaft for you. Golden SHAFT Water Company uses a scheme called "WRAM" retroactively to charge you for profit they didn't make in past years. Really look at your bill. You are being charged for the missed targeted-profits of years gone by. You get to pay it NOW. Too bad, if you didn't live here when they missed the target you now get to pay extra anyway. Another of their devious rackets at work.

Even better than that, the Gilded Refund Water Company will refund almost a Million dollars, but not to those people who left Ojai in the past few years.

What a Kool place Ojai has become.... move in and pay for past increases before you were here, leave and miss a refund for the overcharges made against you when you were here. When is the City Council going to do it right or get off the horse? Simply cancel the water franchise the city Gave to Golden Spicket Water, back in the day? Pull the plug. Ride 'em Cowboy right outa town. Give 'em the boot! The heave ho!

Speaking of heaving, how long are we going to be driving over those dangerous mickey mouse steel plates on our roads. Big break on lower foothill - Big break on Paseo - Matilija - Big break on Aliso and Canada, all within a Quarter mile.

Why do the GSW thugs suddenly want to put in a New pump area, storage tank, and 3,000 foot pipe run on upper Foothill? Right now we still have water flowing everywhere servicing the lower Foothill area? For years they have NOT been fixing the pipes, but they HAVE been maintaining huge record dividends for their stockholders. The Breaks on Canada, the Break at Hwy. 150; caused such a LARGE WATER SURGE, that

it set of the Sanitation District Alarm. How much is that going to cost us ratepayers???

Clearly the Golden Snakes are not competent enough to run our water company. Just maybe their tearing up our streets is a ploy to force us to buy them; say it isn't for sale, drive up the price and then run with the money. They are not acting in good faith - at all.

It might not matter, if the people of Ojai don't show up in force at the CPUC meeting; the state utility board will have the answer they need, we just don't care. The cities of Claremont and 4 others cared enough to contact OjaiFLOW, join together into a common defense and fight them.

See you at the Water Hearing on the 29 of Feb. Looking forward to the hearing. Bring a newcomer and some neighbors. We need some new faces at these things.

Time for all residents to write and call our council and tell them we need to do whatever possible to remove Golden States so we can get a non-profit district to run Ojai water. Golden States Profit is up 77% and this new dividend is the 303rd consecutive diviDENT... 57 years, stock holders have received an aggregate increase in annual diviDENTS. Pretty bleak future... the CPUC caves in every time, show up to the meetings or blame yourselves... Hang 'em High!

- Dick Lynch

## Have You Been UNFAIRLY Discriminated Against by Ojai Code Enforcement? YOU CAN FIGHT We'll Fight for You!

**Have You Been Crucified?** When You Are Threatened in Your Own Private Property & Home by Government Officials and the Same Neighbors Around You Don't Get the Same Shoddy Discriminatory Treatment, You're Entitled to Protection. The LAW has Fair and Just Ways of Upholding YOUR RIGHTS. The 4th Amendment of the U.S. Constitution Clearly Protects You Against Unwarranted Search and Seizure and

Illegal Harrassment by Ignorant and Arrogant Governments. The time has arrived to Bring forth your Case and Get a FREE Consultation. Defend Yourself by Adding Your Case to the War Chest! You Aren't The ONLY ONE.... Many Many Tax-paying Homeowners are on Board who have been Treated Unfairly by reckless incompetent officials proven their intent on Trampling on YOUR RIGHTS! **Go Ahead. Make My Day!**

PAID FOR BY STEVE BULLOCK  
"In God We Trust"  
"When the people fear their government, there is tyranny; when the government fears the people, there is liberty." - Thomas Jefferson

# Freedom of What?

We reserve the right to REFUSE provide service to anyone

by Jefferson Pinto

Consider this hypothetical: Under the auspices of providing citizens' nutrition, our country's leaders enact a law requiring all restaurants offer ham and cheese sandwiches to their employees even if they don't offer it on their menu. On the surface that may not sound so bad. Employees ought to have both, desirable and nutritious foods. What could be bad about that?

You don't have to look very far to see the flaw, but you won't find it in the mainstream press. Now, suppose and I'm a conservative practicing Jew and I own a Kosher deli. I sure wouldn't eat or serve a ham and cheese sandwich. Why then must I be required to serve it to my employees and pay for it?

**The Big Picture**  
Does the following text look (sound) at all familiar? "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances." It should. It's the exact text of the First Amendment of the U.S. Constitution.

Surely our leaders wouldn't enact a law that deliberately violates the First Amendment. Would they? On Jan. 20, the Dept. of Health and Human Services (HHS) rendered its interpretation of the Patient Protection and Affordable Care Act (PPACA). This act, passed last year, mandates that employers' health insurance must include, at no additional cost or co-pay fees to the employee, contraceptive services including "emergency contraceptives." These are also known as "the morning after pill" (creatively named RU-486: "Are you for 86ing the baby?").

So what does that mean? Christian/Catholic hospitals are forced to violate their core beliefs by including and pay-

ing for drug induced abortions in their employee benefit plans. Under these employers beliefs, human life is sacred and a soul is created at the moment of conception.

This is a violation of the employers Freedom of Religion. The Catholic Church has always been traditionally opposed to Abortion as part of their central belief system. Forcing them to pay employee benefits which conflict with their position on abortion is a violation of their rights.

Since when does a law passed by Congress trump the First Amendment? That day occurred Mar. 23, last year, when the 900-plus-page PPACA was passed, using the GIANT GAVEL. "We have to pass the bill so you can find out what is in it," said Nancy Pelosi (D-Ca) then Speaker of the House. In this case she was absolutely right. The text of the law doesn't specifically state what must and must not be covered. Instead it deferred the definition of "preventative services" to an advisory committee to define.

**Shakespeare Loved a Good Tragedy**  
The real tragedy is twofold: First, after 906 pages, the law makers did not accurately define what is included and what's not included in the scope of the law. I suspect this was intentional. Second, the complacency of Americans to tolerate a frontal attack of our constitutional birth right: Freedom of Religion.

It sort of reminds me of the sign I see frequently posted near a restaurant cash register, "We reserve the right to refuse service to anyone." By definition, if it's a right, you don't have to reserve it. But then again, maybe we do, even if it's already reserved in our constitution.

Jefferson Pinto is a retired CPA, and holds an MBA from one of the finer accredited universities in the country. jefferson@ojaiandventuraview.com

## What You Can Do Help Build the Growing HUGE DATABASE CLASS ACTION LAWSUIT Attorney Represented. CONTACT Steve Bullock

BTRventura@aol.com  
805-798-4346



"It is an ironic habit of human beings to run faster when we have lost our way."  
- Rollo May

Community Church  
Where our version of Jesus wears a tuxedo t-shirt, "formal, yet likes to party."  
ovcc.org 646-4324

# Wine And Roses



by Ron Rowe

Last week, I read in an English newspaper that Prince Charles talked to plants and he claimed they responded to him. Yesterday, while having tea with a friend, I broached the subject of talking to plants with him. I know he is an enthusiastic gardener and grows his own vegetables. "Do you talk to plants," I asked. He smiled and said, "Of course I do... every time I go into my garden I greet and talk to them," "Do they respond?" I asked, "Of course they do in their own way," he replied.

This jogged my memory and took me back many years to when I was a young boy living in England. I remember visiting my Aunt Bell, who lived on a farm in Bristol, England.

As I walked into the house, Aunt Bells anguished voice rang out, "Watch out for Alice you clumsy clod. I stopped suddenly in my tracks and quickly looked behind me, but there was nobody there. "Go and apologize to Alice before you take another step" she said sharply. I looked around again, rather bewildered, and glanced back to Aunt Bell in confusion. "The large aspidistra in the corner" she said, "That is Alice... now go back and apologize to her for brushing against her leaves when you came in, and you might as well include Fanny Fern and Lavonne Lily, in the corner they are both rather upset."

I retraced my steps and, much to my astonishment, found myself gently holding the leaf of a beautiful fern in the corner. I knew that my Aunt Bell was the eccentric member of the family, but this time I thought she had really gone around the bend. After consuming cucumber sandwiches and a pot of tea, I felt a little more relaxed and at ease with the world.

"How long have you been chatting with plants?" I said. She gave me a rather quizzical glance, smiling. Years later I read the book, The Secret Lives of Plants (Peter Tompkins and Christopher Bird) and a few years ago Primary Perception by Cleve Baxter whose work was the basis. Baxter was an ex-CIA agent and lie detector expert. One day, sitting in his office with very little to do, he connected his lie detector machine to a plant and then sat and watched.

He was surprised to see patter tracings similar to human emotions appear on the graph. He then thought to humbly burn the plant, and tear off a leaf, just as an experiment. Immediately the pattern tracing responded by showing fear and anxiety patterns.

## W.T.H. - WILL THIS HELP?

by Mary-Jo Murphy  
In my new, favorite book, Willpower, Authors Baumeister and Tierney tell us that people who are trying to establish healthy habits undermine their efforts if they are attempting to make other changes at the same time. Too much on your life plate may translate to too much on your dinner plate.

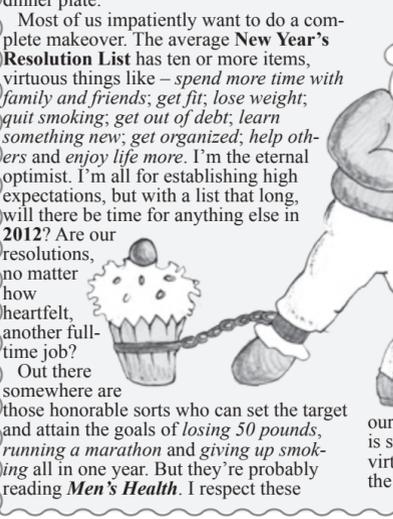
Most of us impatiently want to do a complete makeover. The average New Year's Resolution List has ten or more items, virtuous things like - spend more time with family and friends; get fit; lose weight; quit smoking; get out of debt; learn something new; get organized; help others and enjoy life more. I'm the eternal optimist. I'm all for establishing high expectations, but with a list that long, will there be time for anything else in 2012? Are our resolutions, no matter how heartfelt, another full-time job?

Out there somewhere are those honorable sorts who can set the target and attain the goals of losing 50 pounds, running a marathon and giving up smoking all in one year. But they're probably reading Men's Health. I respect these

super-human types, but aim my remarks at the person who has watched many resolutions come and go, and wants this year to be different. So there you were; dragging yourself out of bed Jan. 1, full of hope or hangover. I suggest you resolve to do one thing in the coming year.

### The What-the-Hell Effect

Sound too easy? Let's say you resolve to walk 30 minutes, three times a week or eat no more than 45-60 grams of carbohydrates per meal or keep a food diary. Fast forward to a cold, rainy February morning. Where do you expect to be with your one life-style change? Has your walk become easy? Has decreasing the fat or carbohydrate in your diet become a way of life? Or will you have succumbed to what the authors call The What-the-Hell Effect or W.T.H.? Human behavioral studies have found that when we have a fixed target, especially when we are dieting, and we fall short, we may classify our efforts as a failure. We think, the day is shot anyway; why not binge? I can be virtuous tomorrow. We then think, what the hell, I may as well enjoy myself. W.T.H. Continued, Page 6...



# Event Calendar

Continued from page 3...

and public intellectual Parker J. Palmer to Santa Barbara to talk about his new book, Healing the Heart of Democracy: The Courage to Create a Politics Worthy of the Human Spirit. Palmer focuses on the "habits of the heart" that democracy requires of its citizens, and on what we can do to cultivate them in the everyday venues of our lives - workplaces, classrooms, congregations, & public spaces. INFO, WWW.LOBERO.COM, 963-0761

- Feb. 29, 2pm & 6pm - Golden State Water Rate Increase Meeting, Chaparral Auditorium, Ojai, Attend and tell the PUC to stop another Golden State Water rip-off ~ INFO, SIGN UP AT WWW.OJAIFLOW.COM TO RECEIVE NEWSLETTER UPDATES AND LEARN THE TRUTH
- Mar. 3, Sat. 7:30pm - Ojai Mardi Gras, Ojai, As we enter the ancient Mayan Temple, watched over by the Others, we enter into a Cosmic Realm of ancient ritual The Wheel -- the Great Cosmic Calendar. You will Ascend and enter the Universe of Release. There you will greet and honor your Sisters and Brothers who await your Ascend. Release your Cares, and "pass a good time" Knowing that the Holy Shift brings a New World of Love, Light, Compassion and Beauty! Let's The Holy Shift Commence... INFO, THEME: MAYAN MYSTERY: HOLY SHIFT IT'S 2012! OJAI CENTER FOR THE ARTS, WWW.OJAIMARDIGRAS.COM OR THE OJAI MARDI GRAS HOTLINE, 646-7843
- May. 19, - Oxnard Strawberry Festival, 3250 S. Rose Ave., Live Entertainment Featuring Heart Tribute Band, "Heart Love Alive"... INFO, WWW.STRAWBERRYFEST.ORG

## To Think or not to Think

"...People don't want to think. And the deeper they get into trouble, the less they want to think. But by some sort of instinct, they feel that they ought to and it makes them feel guilty. So they'll bless and follow anyone who gives them a justification for not thinking. Anyone who makes a virtue - a highly intellectual virtue - out of what they know to be their sin, their weakness and their guilt."  
- Ayn Rand from Atlas Shrugged

## What Will You Do When They Come For YOU?



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# OJAI MARDI GRAS PRESS RELEASE

*Laissez les Bon Temps Rouler!*  
*Let the Good Times Roll!*  
Come join us for an Extra-Ordinary Ojai Tradition

**The 22nd Annual Ojai Mardi Gras Masquerade Benefit Ball!**  
Ancient philosophers and modern mystics are predicting a dramatic "shift" in the space-time continuum in the year 2012, and you won't want to be left behind holding onto your socks, or the past. So enter the **Mystical Mayan Portal** and experience our interpretation of what lies ahead for mankind.  
Don a simple mask, or craft an extravagantly creative ensemble, and join the **Ojai Mardi Gras Wake Up! Krewe** for a fun, playful and slightly irreverent evening of musical merriment. Dancing, a costume contest, catered **Cajun** food and the largest display of creative artwork and themed decorations west of **New Orleans** will guarantee this to be an unforgettable evening.

## ~ Mayan Mystery ~ HOLY SHIFT! It's 2012!

This year's Masquerade Ball is themed **MAYAN MYSTERY; HOLY SHIFT IT'S 2012!**

Come join us as we Party Like There's No Tomorrow and Dance Till the End of Time! The Mystery commences at 7:30pm Sat, March 3rd at the Ojai Center for the Arts at 113 S. Montgomery St.  
Re-vitalize yourself with the vibrant voodoo vibes of the **Ojai Mardi Gras Band**, who will keep the party hopping with their infectious blend of funky, high energy, **New Orleans R&B** dance tunes. The band includes many of **Southern California's** favorite musicians. Renowned multi-instrumentalist and composer **John Zeretzke**, plays violin, rub board and a variety of unusual instruments from around the world. Lead singers **Patricia Cardinali** and **Connie Early** keep things jumpin' with their soulful and sassy vocals. **Don Cardinali** rips it up with slide and lead guitar and **Ron Seba** on rhythm guitar and vocals. Their killer



Art Fools Inspired Recycled Art, 2011

Photo © 2011, Sandra Gransky

rhythm section features **George Friedenthal** on keyboard, **Randy Tico** on bass and **Dave Stewart** on drums. The band is rounded out with **Jimmy Calire** on saxophone and accordion, **Karl Hunter** on sax and clarinet and **Burton "Drum" Lang** on percussion.  
Replenish your energy reserves with our scrumptious **New Orleans** cuisine, featuring jambalaya, veggie gumbo, southern fried chicken, pralines, and authentic Zapps potato chips. Then wash it all down with your choice of the salubrious spirits available at the no-host bar.  
Be sure to check out our new **"Voodoo Lounge,"** a wild and enchanting indoor space that emulates a **Cajun Bayou** atmosphere and features black-light artwork and decorations. This space is being created with help of our friends, the **Ventucky Burners**, a **Ventura** based **Burning Man** collection of artists and do-gooders. Plus **Tara**, from **Mystic Body Art**, will be doing her magical face-painting and

local photographer **John Welborn** will be on hand to shoot free portraits throughout the evening against a **Mayan Tableau** backdrop.  
Fortunately the party doesn't end on Saturday night, but picks up again on Sunday from noon until 3pm with the return of our family friendly celebration **'Fais Do-Do'** (pronunciation *fa-y-doe-doe*). It's a **Cajun Dance Party** featuring the musical talents of **The Smitty West Zydeco Orchestra** with **David Roine**, **Smitty West**, **Dave Hutchison** and **James Antunez**. We'll have two-step dance lessons, Cajun food, a face painter and loads of fun for the whole family, so bring the kids, in costume if they want, and be a part of the **"DAY AFTER PAR-TAY"** of the year!  
Our **MAYAN MYSTERY; HOLY SHIFT IT'S 2012!** themed **Ojai Mardi Gras Art Show** will be on display in the **Ojai Center for the Arts** Gallery during the entire month of March, and the art will be available for purchase. It is a celebration of the **Art Fools** branch of the **Ojai Mardi Gras Wakeup! Krewe**, who spend countless hours each year preparing the stunning decorations, entryway and other surprises that depict the annual theme.  
**Ojai Mardi Gras** was founded in 1991 by local artist and New

## OJAI MARDI GRAS

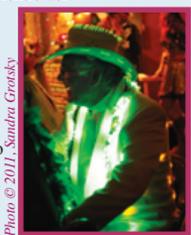
**Orleans** transplant **Lyle Mathews** who gathered friends together to celebrate in the **Spirit of New Orleans Mardi Gras**. Soon after, Lyle learned that she had breast cancer, and the 1992 event returned into a celebration of her life and spirit just before her passing. She is now honored each year by friends and Krewe members with a rollickin' and rollin' party celebrating the up-side-down-foolery of the **New Orleans Mardi Gras**, produced and presented by artistic, musical and dance-i-ful volunteers dedicated to **"Laissez les Bon Temps Rouler"** (*Let the Good Times Roll!*). We are a community beneficent organization dedicated to creative expression, and all monies raised are used to benefit a local charity or resident in need.  
This year we are very excited to announce that the **"Ojai Mardi Gras Wake-Up! Krewe"** is now a **California Public Benefit Nonprofit Organization**. Our mission statement is 1) to produce the **Ojai Mardi Gras Masquerade Ball** by bringing together many creative area



OMG ~ Ojai Mardi Gras Band, 2011

Photo © 2011, Sandra Gransky

artists and musicians to present an authentic version of the revelry, pageantry and flavor of **New Orleans'** famous holiday;  
2) to use any profits generated from this event to benefit persons, families or organizations with a serious medical and/or financial need; and also 3) to produce or co-produce other musical and artistic events throughout the year to promote and benefit the community and our annual **Masquerade Ball**.  
**Artists**, musicians and other volunteers have been preparing for this celebration for months under the direction of the **Mardi Gras Wake-Up! Krewe** (the name of the organizational committee pays homage to **Mathews'** proclamation that we all need to "wake up to life.")  
More help is always needed and welcomed, so to offer your services or make a donation, please contact this year's **Event Coordinator Shane Butler**, 665-8852 or **Art Fools Creative Director, Judy K. Nelson**, 794-9228. Most importantly, come join us in this community celebra-



"Burning Man" ~ Ojai Mardi Gras Reveler from 2011

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## Update: Matilija Falls Access

by Alasdair Coyne  
**S**ome progress has been achieved in the restoration of public access up **Matilija Canyon** to the magnificent waterfall beloved by many local dayhikers. But please don't expect changes on the ground any time soon.

**Buz Bonsall**, the owner of a private inholding in **Los Padres National Forest** that straddles **Matilija Creek** a short distance downstream of the falls, surprised the hiking community a couple years ago by starting to tell people they did not have permission to cross his property to get to the falls. After all, he has owned this property for several decades and never tried to stop people before.  
The then **Ojai District Ranger** for the U.S. Forest Service, **John Bridgewater**, had signs and maps posted at the **Matilija Canyon** trailhead and along the trail, to warn

hikers that they should not cross **Buz Bonsall's** property to get to the falls. No other route to the falls exists.  
A public outcry ensued, led by a large contingent of local residents who consider this trail and the falls to be an outstanding jewel of **Los Padres National Forest**. Many have hiked this trail to enjoy the falls for many decades, and records exist of people hiking up to the falls as far back as 80 years ago. An organization was formed, **KAMFO, Keeping Access to Matilija Falls Open**, whose active membership includes **County Supervisor Steve Bennett**, **Los Padres ForestWatch**, **Attorney Bill Slaughter**, and **Keep Sespe Wild**, among others.  
The first action taken to secure a permanent easement for public access to the falls was to take legal depositions, or statements, from a few dozen hikers who hiked this route in the 1970s. This is necessary to establish usage under California law, such that a court will grant a permanent public trail easement.

Before filing in court, **KAMFO** attempted to find out whether or not a trail easement already existed. **Los Padres Forest** was not sure, except to say that the records of easements were stored at the **Forest HQ** in **Goleta**. Many months passed with no word. **KAMFO** also requested another meeting with **Buz Bonsall**, though this has not yet taken place. One possible compromise with **Bonsall** might be to reroute the current trail away from the creekbed onto higher ground to one side.  
Before Xmas a meeting was set between **KAMFO** members and the new **Ojai District Ranger Sue Exline**. This meeting took place **Tues. Jan. 10**.  
**Forest Service Position on The Falls Trail Clarified**  
**Sue Exline** had received news from the **Goleta Forest HQ** that a trail easement to the falls does in fact exist. The good news is that this easement cannot simply be deleted, or surrendered. After all, it is the property of the **U.S. Government** - and belongs to us all. But there is also some bad news, in that the access easement has literally been lost in the dense chaparral vegetation.  
In a recent meeting with **Buz Bonsall**, **Sue Exline** walked the property along with other **Forest Service** staff. **Bonsall** was told that the public easement will not be relinquished, and will likely eventually be cleared and reopened.  
The old overgrown easement can be clearly seen on aerial photos from the 1970s, in a set of photos which the **Forest Service** takes each ten years or so. By the 1990s the trail, known as the **Bald Hills Trail**, was lost to sight. With **GPS** technology, the route can be reestablished in its original location - with a lot of hard work.  
Beyond that, the **Forest Service** will have to prepare and fund environmental documents, as in any project of this kind. This may take several years, as funding for recreation projects in

**Los Padres Forest** is extremely lean. Local fundraising for up to **\$50,000** may be sought, to speed things up.  
**KAMFO** members have not yet met since the **Jan. 10** meeting with **Sue Exline**, to consider how to move forward. It is not expected that any action will be taken until **Buz Bonsall** makes a decision as to sticking to the old **Bald Hills Trail** easement route, or selecting a new route across his property. It seems his intention is mainly to see the trail across his property moved away from the creek channel.  
The **Bald Hills Trail** route starts to the east, on your right side as you hike upstream across **Bonsall's** property, and then it crosses over to the west or left side. It is shown on the **Matilija Wilderness** map available at the **Ojai Ranger Station** - as a trail that has been lost.  
It originally continued up to the ridge further to the west, where it met up with the **Monte Arido dirt road** that is still in use. Our thanks to mappers who keep our memories alive to old public access routes that have been overgrown and lost to use.  
- Alasdair Coyne, [www.SespeWild.org](http://www.SespeWild.org)

## W.T.H. - WILL THIS HELP?

Continued From Page 5...  
Researchers call this *counter regulatory eating*. This outlook does real damage.  
The same **W.T.H.** attitude can apply to our exercise aspirations. Let's say you have committed to going to the gym to swim or ride for forty-five minutes before work. You oversleep. You could still make it, but you might only get in a twenty-minute workout. Do you pull up the covers and figure, *what the hell?* Or do you reason that a shorter workout is better than none at all?  
A friend, who spends most of the day at a computer, recently started riding his bike, maybe getting a jump on the resolution thing. I asked him why? What got him started?  
His first response was that he could run errands without wasting gas. *"Riding a bike is nearly free."* He's on a fixed budget, so he gets paid twice. He also likes how he looks since he started to ride. *"And,"* he added, *"I might go skiing or snowboarding this winter. I could do it without so much pain."*  
He continued that riding is entertaining. He enjoys the scenery. He gets to explore. *"I don't have the sense that I'm wasting my*

*time when I'm doing it. It gets me out of the house and helps me to focus mentally. When I'm stuck on a project, it gives me time to think of solutions."*  
There is something concrete in it for him, which reinforces the behavior. Concrete is better than vague. To be healthier with some hazy hope that our doctor will pat us on the back in three months is an intention that hasn't a chance against a piece of cheesecake. Which reminds me of what I will call *the dessert cart study*. It found that people who denied themselves and said, *"No, I'm not eating that peanut butter, moose pie,"* couldn't put the delicacy out of their brains. They continued to obsess over the denied dessert, *depleting their willpower*. But the person who said, *"Not now. I'll have it later,"* was less troubled with hyper-caloric visions and often chose *never* to indulge.  
Postponed pleasures did not intrude as much as the foregone ones. So, why not postpone a multitude of change-your-life-resolutions and nibble on one? One that has something in it for you. One that will still be around on **Valentine's Day**.  
- Mary-Jo Murphy, MS, RN, CDE, Health and Diabetes Educator, Motivational Speaker [mjmurph221@yahoo.com](mailto:mjmurph221@yahoo.com)

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# OJAI MARDI GRAS

## 22nd Annual Masquerade Benefit Ball

# MAYAN MYSTERY HOLY SHIFT! It's 2012!

Sat. March 3rd at 7:30pm  
Ojai Art Center  
with the Ojai Mardi Gras Band  
Great Food \* No Host Bar \* Costume Contest!  
Admission: \$25 in Advance or \$30 at the door

Sunday March 4th from 12:00pm to 3:00pm  
Fais Do-Do with the Smitty West Zydeco Orchestra  
Cajun dance party for the whole family. Southern food, dance lessons, Katuna rides & face painting Admission: \$7, under 12 free

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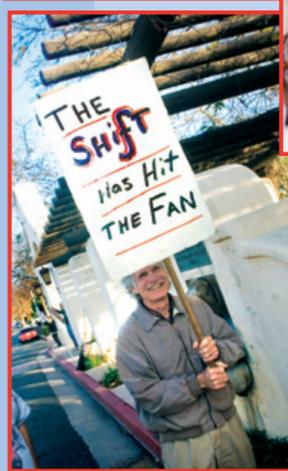
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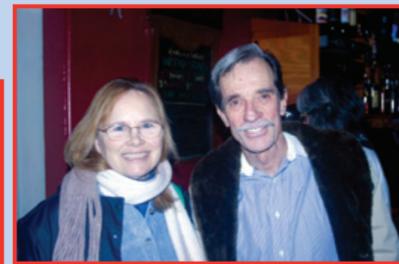


Painting by Joy

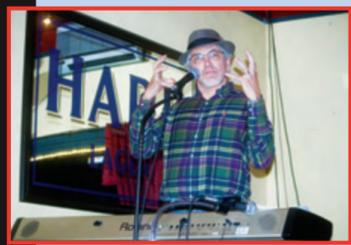
### Why Lady Liberty is Sad

www.FreePress.net

Dear Editor, \$12.5 million in Iowa. \$14.5 million in South Carolina. Nearly \$20 million in Florida - Free Press It's clear that the media are the real winners in 2012. The Supreme Court's Citizens United decision gave the wealthiest 1 percent unchecked power to pick and choose our nation's leaders. And they're doing it by spending tens of millions of dollars on televised political ads that leave voters awash in misinformation. So what's the broadcast media doing about it? Instead of exposing this runaway spending and separating fact from fiction in an election year, they're lining their pockets with the winnings - to the tune of more than \$3 billion dollars in 2012 ad buys.



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expose the ways in which big-money politics and broadcast media are poisoning democratic discourse. Our new report, Citizens Inundated, sheds light on how broadcasters rake in massive profits from political ads without fully disclosing the moneyed interests funding these misleading television spots.

Corporations are NOT people and money is NOT speech. Ojai - Jan. 21, 2012

Citizens Inundated calls on the Federal Communications Commission (FCC) to mandate that broadcasters disclose the deep-pocketed funders behind this torrent of misinformation. They can do this by placing records of all political-ad spending online and requiring fuller disclosure in the body of the ads themselves. Our report also looks at ways in which broadcasters' news programs can do a far better job of informing viewers in an election year.



Ojai Revolutionaries - Larissa Young, Ron Rowe, Lorelei Sadie Hawkins.

The Nature of the World Fighting against the slide into dictatorial fascism and censorship is not independent to those citizens living in the United States. The fight against govt/corporate imposed propaganda and numbing mind-control has been going on since... the beginning of time. In an ancient region between Germany and Russia; the Ukraine it seems was always caught and torn in the crossfire between those two war-culture nations. As a young girl, writer Larissa Young began hearing stories about her father Yuri (George) Horodiansky-Lisowsky who was the legendary Ukrainian Freedom Fighter known as "Iron Man" who fought against the Wall Street financed Bolshevik Red Army (who later became communist USSR) in the 1920s. She also found that Yuri had written a book in the 1930s, Cold Canyon, under the protective pen name of Yuri Horlis-Horsky, which documented his fight against the Bolsheviks. The book was effectively censored, remaining underground for years due to Soviet regime control. Larissa is now in the process of having the book, (Legendary in underground Ukraine/Poland) translated into English. In the Dec. 2009 Issue of The VIEW (avail. www.Ojaiand-VenturaView.com), a story of Larissa and her father, Yuri was published. The following is an Exclusive pre-released excerpted passage.

Thank you, - Candace, Tim and the rest of the Free Press team www.FreePress.net

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### The High Price of Freedom

Yuri, my father, came across these people when he was twenty two years old, an officer in the Ukrainian army cavalry, on patrol during the struggle between the freedom seeking Ukrainian people and the invading Russian Bolsheviks. His regiment was patrolling the country, and when they reached the area of Cold Canyon, he had to stay behind while his regiment went on. He had contracted frostbite in his foot. He became irresistibly drawn to the Cossacks of Cold Canyon, joining them in their campaign. Those in the world today may or may not know that the original Cossacks were Ukrainian. They were the warrior class who protected their people from invasion. They were reputed to be extremely fierce, even brutal, also known to have mystical powers, which are often demonstrated today by descendants. In 1920, Ukraine was enjoying a new independence, but was already being besieged by invaders. When the Russian Communists, the Bolsheviks, or comrades conquered this country, they took on the Cossacks to be their own, and today, people think that Cossacks are Russian. The story of Cold Canyon demonstrates the dedication of this group of Ukrainians, and their uniqueness and versatility, as well as their love of music and the arts. When I visited Ukraine, I fell in love with it. My observation was that the people were artists, musicians, dancers and definitely poets. I lost my heart completely. That region has a special atmosphere. Archeologists are today starting to explore the ancient barrows and burial mounds, the artifacts go back to pre antiquity. Nobody wants to be a slave or told what to do. But who has the courage to stand up to a powerful enemy that wields its power and declares, "surrender or die." This is the story of a group of people who were willing to fight to the death. It is an inspiration to all those who today struggle for their freedom and right of expression. It demonstrates that words may set the stage, but action is what counts. - Larissa Young

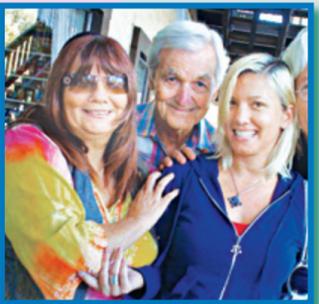


Photo © 2009, Joel Anderson

### Cold Canyon

by Horlis-Horsky The Monastery Fortification

During the February 1920 partisan march, our Zaporozh unit of the Ukrainian National Army fights its way through the Denikin and Bolshevik fronts and crosses from Kherson to beyond the town of Chehrin. The sprawling landscape of the barren steppes gives way to large forests, amid which are scattered ranches and small villages. Our group passes the seemingly endless Black Forest. The neat white thatched houses, surrounded by orchards, create a pleasant impression after the large, German-style buildings of the Kherson region where there are almost no orchards. During our stay in one of the villages, the farmers tell us about Cold Canyon. They tell us about the unapproachable Motrin Monastery, which has mysterious electrified fences, and heavy canons that shoot 26 miles. Chief Ataman Chuchupaka has settled there with his army, and he's not afraid of anyone, neither Denikins nor Bolsheviks. We glance at each other during the recital of these stories. Of course the guys are exaggerating, but wouldn't it be interesting to see this fortress? We argue amongst ourselves whether we should go to Cold Canyon or pass it by. The next day, I advance the 2nd Zaporozh Regiment with fifty cavalrymen toward Cold Canyon. Other units go ahead, taking different routes. I meet a familiar officer with two Cossacks, taking a directive to "grandpa" Ataman Pavlenko. He tells us in one village they are met by a line of well equipped villagers carrying machine guns. They settle themselves in a comfortable position, ready for battle. He is on his way to participate in negotiations, and the villagers go with him. "What army? Where are you going and why are you going through our villages?" Our commander replies, "the Zaporozh group of the Ukrainian army." They look at one of their group, he steps forward and asks, "What units, what are the commanders' names? Make



Photo © Larissa Young



Yuri - "Iron Man"

"He was born a bastard. His mother, a young orphan girl, brought him back from her maid service in Chehrin. When asked where he came from, she said 'Boh dav' (God gave), so they say that's how he came to be named Bohdan. He grew up in poverty, but became 'an eagle of a young man.' He went to war and came back a decorated Jr. Officer." "When the struggles started here, Bohdan started to show off his skills. He caused much grief to the Russians. His fame followed him, 'Ataman Bohdan, Ataman Bohdan!' they would call when he passed by." "His army consists of a cart with a pair of good horses, and a driver (also a good lad). The cart has a "Colt" machine gun, a light-weight German mortar mine thrower is attached to the side. The driver holds a hand held machine gun, a "Louis." They arrive at night at a rail way station which is filled with soldiers, both Bolsheviks and Denikins, usually when they are retreating, and start a battle." "With his left hand he shoots from the Colt, and with his right he loads mines onto the mine thrower, and sets them off. The driver lets loose from the Louis. The soldiers they attack shoot into the dark, not knowing who they are shooting at, and you get a battle as if two whole divisions were fighting." "Naturally there is panic. The enemy drops everything and runs away by train or foot, and Bohdan takes over the abandoned station. He then goes to the nearby village, waking up the folks and telling them to go collect the goods and weapons. If he needs more men, he can gather about fifty good cavalrymen through word of mouth." "Our boys don't need to be asked twice for these events, but mostly he likes to operate alone. The rascal shoots magnificently! If there is no one to fight with, he goes to the steppe with his machine gun, and relieves his boredom shooting rabbits. That's how he lives, on wheels. He almost never goes to his abandoned house." "Wherever night falls, he goes to sleep there. He is highly respected for his courage. He gets fed, is offered drink, and girls don't shy away from him. And now he has decided to get married. And look how highbrow he is now, asking generals to dance at his wedding!" "By nightfall I am really ill. A physician comes and checks

Cold Canyon, Continued Page 11...

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THE LEASHES END



Ron and his companion, Dudley.

More than 1,050 animal shelters in all 50 states and 17 other countries will join paws for a combined effort to find homes for 250,000 orphaned dogs and cats this year. The rescue effort is entitled, 2012 Rescue. Ringling Brothers Circus has agreed to settle allegations of violating federal law by abusing elephants, tigers, zebras and other animals. They were fined \$270,000, the largest fine ever imposed on an animal exhibitor.

So many countries in Europe have banned circuses from keeping wild animals, hopefully the U.S. will follow along with them. Some U.S. states also have an animal ban on circuses. The public can help by not attending any circus that features wild animal acts.

A high school in Texas had a cruel classroom experiment in which fish in bowls were put on hot plates until they were cooked. People for the Ethical Treatment of Animals (PETA) persuaded the school superintendent to stop the experiments and use non-animal teaching methods instead.

Humans are not the only animals capable of speaking in sentences. Japanese researchers have discovered that birds also use specific grammar rules to structure their tweets. Scientists played jumbled birdsongs to Bengali finches and found that almost all the birds refused to respond

to certain mixes. Finch songs, it seems, are no different and, like humans, learn syntax by listening.

Scientists claim the birds ability to analyze information and reply in kind is mind-boggling and far more advanced than anything a monkey could handle. Apparently, birds process language in the region of the brain similar to that of humans. They hope understanding the grammar will shed light on how our language structures evolve.

Also, if the bird of dawning singeth all night long he may be doing it in his sleep. Biologist Daniel Margoline has observed birds do dream. The dreams seem related to newly learned songs. He claims that when birds are asleep they rehearse and perfect the songs they learned during the day.

Biologist Ingrid Newkirk claims most animals have throats and vocal structures that make human speech impossible, but that doesn't stop them from communicating with each other. Dolphins signal each other using high speed clicks. Octopi and cuttlefish use waves of color patterns. Bees perform elaborate dances and rhinos use breathing patterns to talk. Rats and dogs giggle in play. Elephants rumble at low-frequency. Prairie dogs and monkeys have different sounds for different people as well as for their enemies.

At Northern University Arizona (NAU), rodent sounds are converted into sonograms and entered into a computer. More than 50 words have been identified so far. Animals talk, joke, play and tell lies. When a baby chimp, in a sign language study, broke a toy the researcher who was watching from a two way mirror went into the room and asked the chimp, who broke the toy? The guilty chimp signaled back, pointing to his innocent friend.

It pays to have a microchip in your pet. A dog, Jerry who went missing for five years, was found on a bus. The driver took him to a veterinarian who found the owner from his microchip. Jerry is now back home with his family.

Did you know, in 2010, China slaughtered over 450,000 pigs more than 43 countries combined? They also buy meat from clubbed seals in Canada.

A female ferret can die if she goes into heat and

can't find a mate. A new born kangaroo weighs approximately 0.35oz and can fit into a teaspoon. Baby giraffes are 6-feet-tall and weigh 200 pounds at birth. Despite the hump on a camel's back, the spine is straight.

For the right price, \$150,000, dog lovers can now clone their favorite pet before they die so that they can be replaced by an exact replica. A California woman, Bernan-McKinney, received a litter of puppies cloned from her late dog. The first dogs created by RNL Bio, a commercial pet cloning service in Seoul, Korea. McKinney claims it's a miracle they are all identical to her late pet.

Pets now receive organ transplants, pacemakers and cancer treatments. In fact, pet owners will spend about \$10 billion for veterinarian care this year. According to American Pet Products Association (APPA), faced with the prospect of thousands of dollar in vet bills many pet owners now choose pet insurance. If there is a limit on how much you will spend to keep your pet around, weigh it against what you will spend on insurance over the span of your pet's life. Remember, as with human health insurance, most pet policies carry deductibles, copayments and exclusions.

A former Italian stray cat has inherited \$15 million. Maria Assunta, wife of a real estate mogul,

died last month at age 94. Having no heirs, she left her entire fortune to Thomassino, a stray cat she had adopted. I wonder if my friends adopted cat, Bumper, will be in his will, and for how much?

A 1,000-year-old stone carving that spent years marking the grave of a couple's pet cat was sold at auction for \$400,000. This stone carving of St. Peter was sold by Ruth Beeston, whose husband found it in a quarry. Not realizing the value, the couple used it as a marker on the grave of their pet cat. Sculpture expert Alexander Kader said, at the auction house Sothebys, the carving is from the ninth century. Time to be away and to feed Nelly and Dudley. Peace to all living beings on earth.

Your comments are welcome Ron Rowe, rhrowe@aol.com

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Cold Canyon



Cold Canyon, Ukrainian version

"Take him to the monastery, to the Haidamak (rebels), there is a doctor and the nuns will take care of him better than in hospital."

"Of course," my brother agrees. "You will be in a safe place, among our own people. We will stay in this region for awhile and no doubt will have constant contact with Cold Canyon. When you're better you can join us."

In the morning several officers and Cossacks come to say good bye. The group is moving on. I am reluctant to separate from those with whom I have shared two years of stirrup warfare, but it won't be for long.

A few villagers come by in the evening. There is a lot of talk about the past and the future. I am amazed at their thorough knowledge of Ukrainian history and national conscience.

Next day I felt a bit better and decide to go to Motrin Monastery on horseback instead of cart, very carefully, of course. I sit side saddle because my right foot, wearing a large felt boot (valyanki) does not fit into my slim Caucasian stirrup. We pass a school.

On the front is a plaque that reads, "The Holokivka Primary High School," and above it is a stone-carved image of an open book. The two pages say, "Study my brothers, think, read, learn about others, but never forsake your own." Near the school, boys play war with wooden rifles. They chant "Glory," and "Forward for Ukraine!" I have to constantly slow down my horse, Abrek, who is raring to go now that he has rested. I leave the village, and a truly enchanting landscape opens up in front of me.

The village has a normal peaceful atmosphere, but the young men walking down the road singing "Along the open steppe" are all armed. There are rifles, several have sabers and revolvers, and one is wearing an ancient saber in a silver casing.

My illness starts to make itself known. I go either hot or get the shivers. The road winds along a wide gully through the forest, and starts going up. After one of the turns I encounter a cart harnessed with a good pair of horses. The driver is a Cossack in a warm black zhupan coat, wearing a hat with a black top. Behind I see someone else similarly dressed, but he has a silver triangle on the sleeve of his black tunic.

Perhaps it's the Ataman? "Glory to Ukraine!" the one in the cart stands up. "Going to the monastery?"

"I'm a Zhaporozhian cavalry officer, got sick during the march, I'm going to your place to recover."

"Good idea! An extra saber won't hurt, particularly an officer. My name is Ivan Kompaniyets, Lieutenant of the cavalry platoon."

I tell him I have a letter for his Commander, and ask if he's at the monastery.

"No, the Ataman lives in the village. I'll be with him soon, and can deliver your letter. You go on to the monastery, where they will give you a warm room and everything you need. The surgeon's assistant is also in the village, but there is a nun who is worth three doctors. You can ask my assistant, Andrew Chornota. But don't pay attention if he's less than courteous, that's just his personality. In reality he's a good soul. I'll be back day after tomorrow or in a couple of days. Got an issue to take care of in Poberezia."

As I talk with him, I can't take my eyes off his face. It is classically beautiful, chiseled features, thick as if painted on eyebrows, sensuous black eyes that are kind and brave, and a beautifully shaped mouth. When he smiles, you feel as if a beautiful woman, with a pasted on joke mustache, is smiling at you. I give him the packet and go on. The road takes a sharp upward turn.

My new home is less than luxurious. The peeling walls haven't been painted for ages. The only furniture is an army cot, or perhaps a nun's bed, a table and chair, upon which all my goods are scattered: saber, dagger, two automatic pistols, a small German rifle, and two "Milsa" hand grenades.

After the nun leaves, a tall bear shouldered Cossack, wearing a Kuban sheepskin coat and a Tartar suede hat, with a full complement of silver cast Caucasian weaponry stuck in his belt, enters my cell.

I tell him I met Lt. Kompaniyets on my way and gave him my papers for the Ataman.

"I've gotten to like this region. As soon as you get better, we'll take a ride around. I doubt there is a square foot of ground that has not been soaked with Cossack blood. Trenches upon trenches, graves on top of each other, and the populace is full of Cossack spirit, they're not a mixed race, they are pure Ukrainians. They're ready to go out your eyes for Ukraine, not like some I can mention, Podilya and Volinia."

Next day brings many guests. The Lubinets officers, and Chornomorts. Also members of the Ukrainian Sich Riflemen. They all want to know about the front, and partisan underground activities.

The fever finally disappears, and the swelling in my foot has

also gone down and doesn't bother me so much. I am eager to go see my horse Abrek, but my doctor won't allow it. I ask Ivas, who is constantly admiring my weapons, to bring him to my window.

I see that my horse is clean and well fed. He is prancing about, dragging a small Cossack behind him.

In the evening Chornota comes in. He seems very upset when he sits next to me.

"Damn jerk, dammit! Devil's doll! I told him that's how it's going to end!"

I assume he's talking about Kompaniyets. "Andrey, what's happened?"

"What? Nothing! The jerk gets himself killed, that's what! The crazy Cossack breaks loose, and the Kotsur guys from Chehrin catch up with him. Ivan loses his life worthlessly..."

"Do you think Ukraine has many others such as Kompaniyets? What right does he have to lose his life for nothing?"

"I really loved him. What a guy he was, like an eagle! They took him to Melniki church. Tomorrow we will bury him here in the monastery. Probably the whole heaven of girls will shed an ocean of tears. They used to come to the monastery from all around to pray to his dark eyebrows!"

Next day Chornota and I decide to head out to Melniki. I put my injured foot into a small soft felt boot that Andrey has brought. He's treating me in a friendly manner, he's not as brutal with me as with some of the others. This mystery clears up when we go to saddle the horses.

"When a man has good weapons and a good horse, then he's a good man," he declares without hesitation. We get close because we both started our military service in the Caucasian Cavalry under the leadership of Prince Khan Nakichevanski and Sultan Herey, and we both have acquired Muslim military ethics.

We come down from the mountain and let the bored horses go into a jog. His, a good Kherson breed, has difficulty keeping up with my hunch-nosed long legged Abrek, who was traded to me for two bullets from a Denikin Tartar near White Church.

The village of Melniki is inundated with people who have gathered from all surrounding areas to attend Kompaniyets's funeral. There are close to ten thousand armed men. The women are mostly girls carrying towel wrapped pots as well as dried flower wreaths. The mood is somber. The men are huddled together hotly discussing some issue.

We meet Ataman Vasyi Chuchupaka and his older brother Petro, who is the Chief of Staff, and with him are three brothers. The youngest is a young boy as tall as his rifle. A tall older man with a long beard is with them, carrying a well cleaned rifle with attached bayonet. He is Stepan Chuchupaka, the Ataman's father.

Chornota introduces us. The Ataman addresses him.

"Andrey, sometimes they listen to you better than me. We'll all go to the church, you mingle with the people." The general mood is that after burying Kompaniyets, we should advance on Chehrin, but that's not a good idea. When we get involved with Kotsur, the Bolsheviks will give us a lot of trouble.

The crowd is thick on the way to the church, but the silent people make way for the Ataman.

The High Price of Freedom

Kompaniyets is lying in a simple oak casket. His open eyes reflect the candlelight and look as if they are alive. His expression is gentle. A small black hole can be seen above his right eyebrow, entry of the bullet. His hands and face are covered with black marks, he undoubtedly fought back.

Even in death he is remarkably beautiful. "I'll be back day after tomorrow." I remember our meeting in the woods.

After a short service his body is carried out of the church on embroidered ritual towels. He is to be carried by hand to the monastery. There are at least fifteen thousand people in the procession, strung out from out of the village through the woods. Armed men march in units, women and girls are separate.

It's curious that all these people are taking to heart the death of a total stranger, a vagabond who came here last year from the steppes of Kherson.

Chornota seems to guess my thoughts. "Last year they were burying their own boys, a dozen killed a day, but none had a funeral like this. He is loved because he didn't spare himself for the people. Being killed in battle is normal here."

We overtake the procession and go into the monastery courtyard. The grieving detail is getting ready to receive their beloved jovial commander who is returning from an outing on the right bank. A deep "home" has been dug between two churches, among the giant trees, next to some ancient graves.

The monastery kitchen is busy preparing a memorial lunch. The procession enters the monastery courtyard and the open casket is lowered to the ground. The girls carrying the lid, see the grave and start to cry quietly. Chornota, standing next to us by the grave, is looking at his dead friend's face and angrily rubbing his eyes with his fists.

"Oh son of the devil, devil's son!" he sighs, and when the old monastery priest starts reading the requiem prayers, he begins to pray in deep concentration.

Chornota is a deeply spiritual person.

When thousands of voices sing the somber grand requiem hymn, "Vichnaya Pamyat" (Eternal Memory) one can hear deep sobbing coming from the girls. The closed casket is lowered into the grave, supported by the long "rushniki" (embroidered towels) that are tied together and which are thrown into the grave, along with the flower wreaths and girls' scarves.

The Honor Guard is led by Jospy Orobko, the sharp barrage of thousands of rifle shots dull the strong voice and salutes of the garrison.

Three mines set out from a mortar explode heavily beyond the ramparts.

"When I die, bury me..." rings out the deep bass voice of an elderly villager standing in the front row, leaning on his rifle. The mighty song rings out and spreads itself above the treetops, echoing in the meadows.

"Bury me and stand up. Break your shackles! And with the evil enemy blood sanctify your freedom!"

At the end of the song the crowd chants angrily and they shout, "Let's go to Chehrin! How long can we take this? Death to the Kotsurs!"

The Ataman climbs onto a bench near the grave and lifts his hand, holding a rifle. The noise subsides.

"Brothers, countrymen! The enemy has taken from us one of our best fighters, but don't succumb to the temptation of a just revenge. Let the memory of Ivan Kompaniyets live in our hearts forever. Let the dead stay buried, and the living live. Ukraine has suffered many tragedies and destruction because her sons were fighting amongst themselves at a time when foreign enemies approached from outside."

"The Hetman's former capitol, where you are thinking of marching, can tell you some stories about that. Now a dangerous enemy has moved into Ukraine, is plundering and destroying our land, and thousands of people are being killed. But our villagers are tearing off their blinders and Ukraine will fight to regain what was so foolishly lost. We can only win by striking in a coordinated unity."

"The Kotsur organization will perish because it doesn't have a ground to stand on. The villages of Subotiv and Stetsivka will join us as soon as they rid themselves of the unwanted influence, and they see this is the only path to survival. There is no point in fighting them while they are still blind, that will only give the enemy reason to rejoice. Go back to your homes! Take care, and get your weapons ready. Be ready to join the Black Flag of Cold Canyon to protect your rights and those of Ukraine! It's our job to regain former glory and well being."

A loud and mighty cheer of "slava" (glory) sounds for a long time. When the crowd gets quiet again, the sound transcends and reverberates through the meadows.

"A-a-a-a!" the long echo reverberates from afar.

Chornota turns to me with mystical seriousness, "Cold Canyon is speaking."

EDITOR'S NOTE: Twenty-six years later, at the close of World War II, Yuri Horlis-Horsky sought shelter with his wife, Halya, at the Displaced Persons (DP) Camp at Ulm, Germany. The Soviets sent a list (http://labas.livejournal.com/941507.html), 12 Nov 1945, to U.S. Gen. Dwight D. Eisenhower demanding Yuri (#38 on the list of 153) be 'returned' to the Russians. Yuri tragically disappeared just after visiting his newborn daughter, Larissa, then just 2 days old in the hospital. She was his only child.

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### You Say You Wanna Revolution... The Reverb Slide

- by Joel Anderson

What is going on, Ventura, Oxnard & Ojai? It seems that there is growing controversy between a number of Bands and Restaurants/Nightclubs, regarding payment and non-payment of Entertainment Services.

Wouldn't it be in the best interest of all parties to find a way to work together?

**RESTAURANTS AND NIGHTCLUBS...** you realize how much time is spent preparing your own establishments for your greatly anticipated customers. Hours and sometimes days of preparation are necessary for a 2 or 4 hour party or event. Your pay-off comes ONLY when the guests arrive and spend their hard-earned money for an enjoyable and fun-filled evening.

**BANDS AS WELL** spend numerous days and hours preparing for those special events at which they perform in your establishments. They, as well, receive no payment until the party starts. What would the party or event be without the positive variety of exciting music from the entertainers? Furthermore, what would the ambience be without the tasty food and beverage provided by the restaurant or nightclub? **ALL INVOLVED** obviously should receive full and well-deserved compensation for their services well-de-

livered. Young budding talent as well as seasoned entertainers should charge for their musical artistic renditions (excluding non-profit benefits).

**BANDS...LISTEN UP!** Do not undercut your fellow musicians by performing for free, for tips or "for the door."

Consider that you are impairing not only other local musicians, but your own artistic aspirations as well. You will be esteemed more highly when you value your contributions and charge for your musical talent.

**RESTAURANTS/NIGHTCLUBS** should pay the entertainment on a scale according to talent, popularity, experience, etc. Is it the Entertainer's responsibility to provide customers at their performances?

To a point, yes. We are living in hard times and everyone should do all they can to support the hands that feed them... Restaurants/Nightclubs should do their part to draw customers with advertising their business and Bands need to do their part by promoting their show. This is not an easy endeavor for either party, but it is a **WIN-WIN SOLUTION FOR ALL**.

Bands/Restaurants/Nightclubs...Empower one another by mutually understanding and supporting each other's road to success.

- Joel Anderson

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The New Year got off to a great start at The Jester, The HUT, The Wrec Room (next page), and Gem Quest Jeweler as Ojai's Finest party goin' folks that is... were out struttin' their stuff to see what all the Good Luck of New Year would bring!

Americans 99% Know How to Party Baby!!! - Joel Anderson



### February Specials...

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### Pirate Night with the Brian Faith Band

The Band - by Joel Anderson The new year looks promising for the Brian Faith Band. The recent show at Blackbeards, in the Ventura Harbor Village, was the first show for their new female vocalist Karen Parkhouse. Now along with mainstay Karen Perry, the BFB roster includes two female vocalists in the band.

Celebrating multiple birthdays with the BFB audience, the Blackbeards Friday Jan. 27 show went well. Birthday "Energizers" complete with Birthdays were there that night included longtime BFB friends Carol Leonard, Dr. Mark Mercer, and singer Jo Nordyke. It was a good time for all as the two Karens sang to another capacity crowd.

Said Drummer/Vocalist Brian Faith, "It was a very special night with all the birthdays and friends who came out to party with us at Blackbeards."

Rob Scheib took a break from painting cars with his dad, Earl, to groove to The Faith. Also in the crowd was Jeff Gomez who rocked with the BFB night after night at Mr. Lucky's in Ventura when a house band there. Brian affectionately introduced Jeff to the crowd as, "Ventura Counties Number One Party Animal...the only person I know who can sing all the lyrics to "The Rodeo Song".

Also there at Blackbeards was Brian's old high school football teammate Brian Lebow, with his wife Patty, who drove up from Westlake. He announced Brian as, "Brian Lebow, with an 'L'; and not with a 'T', as in "Tebow".

Also in the crowd was Ventura local Ken Meridith, who BFB Brian ran track with at SB's San Marcos High. Brian said, "It was great to see Ken and his wife Lynn... It's just great to be able to share our music and good times with special friends."

BFB Keyboard/Vocalist Cory Orosco also added, "Then there were the two brothers - Hayden and Eddie White, who worked

with my dad at Ventura's Valley Plating on Laurel Ave. It was the first time we had ever met after hearing so much about them from Dad. They remembered how my Dad, Joseph Orosco, would leave work early to drive us to shows in Ventura and Oxnard from Santa Barbara... We were too young to drive at that time. Those were the early days when we played often at the Ventura Recreation Center dances on Main Street, and the Roller Gardens in Oxnard... That goes way back."

Cory continued, "Also, someone in the crowd who I had not seen in years... Gerald Wallace... he went through basic training with me in the Marine Corps... Camp Pendleton... Gerald was also a star baseball player and All-County running back for Ventura High. After the show we shared football stories as he recalled playing against Santa Barbara's Sam Cunningham. By the way Sam later went on to play for the New England Patriots."

Added Brian Faith, "Another Ventura local in the crowd was musician Ron Sexton - he's great! We shared stories about the band playing in Ron's home state of West Virginia... It's a small world..."

Brian pointed out, "...Yeah, one thing about playing live shows is that you never know who you are going to see. It makes the night special... Sharing with friends is so much of what playing music is all about. And we just keep rockin'. I think 2012 is going to be another great year for us all!"

- Joel Anderson



Maria

Twinette-Marissa-Welsh

Karen...and-Karen!



Brian Faith



The Brian Faith Band



Cory Orosco



Karen Perry



The Fans



Carol Leonard



Ernie Joseph



Taylor & Julie



Bill and Jamal



The Mighty Cash Cats



Justin Young



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Karen, Don & Ron



Dance Party



The Mighty Cash Cats



Pirates



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Visitors from The Inn



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Guitar Gods



Jayden and Michelle



O-Hi Frostie's Rick-H.



Pinkerton Band



Game On



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Guitar Gods



Jayden and Michelle



O-Hi Frostie's Rick-H.



Pinkerton Band



Jayden and Michelle



O-Hi Frostie's Rick-H.



Pinkerton Band



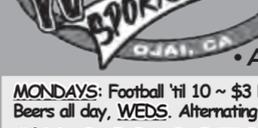
Jayden and Michelle



O-Hi Frostie's Rick-H.



Pinkerton Band



Jayden and Michelle



O-Hi Frostie's Rick-H.



Pinkerton Band

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## Brian Faith Band

Cory Orosco

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Brian Faith

Karen Perry aka Ernie & The Emperors

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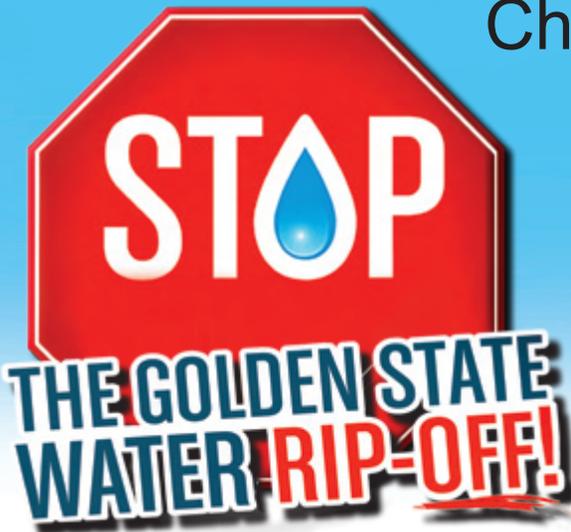


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